

Community Benefit Report 2020



Serving Our Communities in Challenging Times

This year has been challenging for our communities, our state, our nation and our world. The global pandemic has impacted the way we all live, work, and how our health care system has operated during 2020. However, our call to serve our communities remains our focus and purpose within the ministry of CHI Saint Joseph Health.

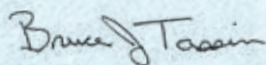
We live by our mission dedicated to building healthier communities throughout Kentucky. As part of CommonSpirit Health, we have adopted updated mission, vision and values – all with an eye toward improving the health of all people. You can learn more about our mission, vision and values here in these pages. You can also learn about them through our call to serve our communities.

The CHI Saint Joseph Health facilities – Saint Joseph Hospital, Saint Joseph East, Saint Joseph Berea, Saint Joseph Mount Sterling, Saint Joseph London, Flaget Memorial Hospital and Continuing Care Hospital – have partnered with other agencies to address specific needs in their communities, even while dealing with COVID-19.

We are truly integrated within our communities, not just an office or hospital there to care for patients. Our reach goes beyond the walls of our facilities to address the holistic needs of the community.

- Food insecurity has been found to be a prevalent cause for poor health outcomes. Through a partnership with God's Pantry Food Bank, community health workers in three communities have been able to address hunger issues with some of our patients.
- Our Community Health Needs Assessment in Mount Sterling revealed a need for more education about health issues. The team at Saint Joseph Mount Sterling partnered with other health agencies and the local radio station to prepare ongoing messaging and education on important health topics.
- Parental education through a program at Saint Joseph London serves to empower parents with skills to reduce the incidence of abuse or neglect.

You can read more about how CHI Saint Joseph Health has served our communities in the following pages. We are honored to work across Kentucky to demonstrate our mission of improving the health of the people we serve, especially those who are vulnerable. It is a calling to serve our patients, and our communities, every day.



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Martha Jones

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Total Cost of Community Benefit

\$42,051,762

To learn more about these programs, visit our blog at
CHISaintJosephHealth.org

Health Care Heroes

Thank you to our communities for supporting our Health Care Heroes.



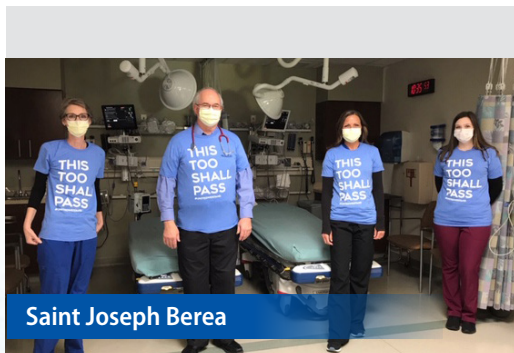
Saint Joseph East



Saint Joseph Hospital



Saint Joseph London



Saint Joseph Berea



CHI Saint Joseph Medical Group –
Orthopedics



Continuing Care Hospital



Flaget Memorial Hospital



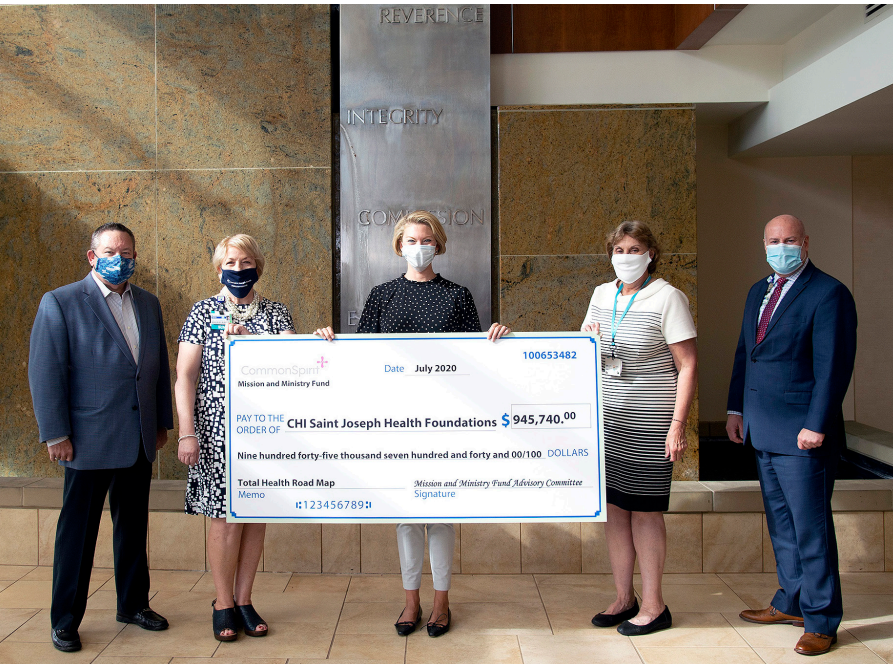
Saint Joseph Jessamine



Saint Joseph Mount Sterling

Connecting Patients to Community Resources

Foundations Receive Funding to Continue Total Health Roadmap



Pictured are Saint Joseph Hospital Foundation Chair Lee Hall, left, Neva Francis, vice president, Healthy Communities for CHI Saint Joseph Health, Janell Samuels, market director, CHI Saint Joseph Health Foundations, Barb Baumgardner, coordinator, Community Health, CHI Saint Joseph Health, and John Brothers, market vice president, Mission, CHI Saint Joseph Health.

To learn more about the Total Health Roadmap project, visit catholichealthinitiatives.org/en/our-mission/foundation/total-health-roadmap.html.

Efforts to connect patients to resources in their community thanks to funding from Catholic Health Initiatives' Mission and Ministry Fund will continue. Saint Joseph Hospital Foundation, Saint Joseph Berea Foundation and Saint Joseph London Foundation have received \$945,740 in grant funding to support the foundations in the continuation of the Total Health Roadmap Initiative, which integrates screenings for basic human needs into the primary care setting, in a pediatric office and high risk OB-GYN practice for 2020-2023.

"The mission of the Total Health Roadmap Initiative remains to connect patients to community resources and ultimately improve their health outcomes," said Leslie Smart, CFRE, president, CHI Saint Joseph Health Foundations. "This funding will ensure basic human needs are addressed as a standard of care, while continuing to leverage CHI Saint Joseph Health facilities as 'anchor institutions' in their communities."

The program's extension will assist CHI Saint Joseph Health in maintaining its role as a provider and partner in the community. The Total Health Roadmap, which CommonSpirit Health identified as a 2019 Bright Spot in its health care system across the country, represents a range of physical, social and psychological conditions, such as availability of food and safe housing, transportation, quality child care, access to behavioral health services and social support.

"We are proud to support the well-being of Kentucky communities and, with this grant, we will be able to extend our outreach and our mission," said Neva Francis, vice president, Healthy Communities. "Our organization is dedicated to supplying a healthier future for everyone that is inspired by faith, driven by innovation and powered by our humanity."

The Total Health Roadmap Initiative addresses "total health" through integration of a universal screening tool and community health workers into the systems of care. In 2019, three primary care clinics conducted approximately 9,000 screenings that focused on social determinants of health and of those, nearly 2,500 patients screened positive for unmet needs.

Total Health Roadmap Drives Away Food Insecurity

This year, nearly 5,000 pounds of food was provided to at-risk households by CHI Saint Joseph Health community health workers as part of the Total Health Roadmap Initiative. CHI Saint Joseph Health's Community Health Needs Assessment revealed food insecurity as a prevalent cause for poor health outcomes for patients across central and eastern Kentucky. Through a partnership with God's Pantry Food Bank, community health workers are able to provide an emergency food supply box to patients who are food insecure. The Total Health Roadmap for the 2020 fiscal year is funded through a grant from the Robert Wood Johnson Foundation through the CHI Saint Joseph Health Foundations.

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“We’ve seen through our work that it’s becoming more important to get food to where people are instead of asking people to come to the food.”

— *Michael Halligan, CEO*
God’s Pantry Food Bank



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“Our community health workers are incredible at identifying our patients’ needs. The results have been amazing, from the solutions they’ve found to get people where they need to be, to providing them with emergency food boxes and connecting them to resources.”

— *Barbara Baumgardner*
Community Health Coordinator
CHI Saint Joseph Health



Filling the Education Gap Over Summer Break

In the summer of 2019, Hannah Woggon, violence prevention coordinator for CHI Saint Joseph Health in Lexington, partnered with Consolidated Summer Enrichment Program director Demetria Blair to provide classes and activities for nearly 100 students from Fayette County Public Schools. The goal was to bridge the gap between spring and fall semesters. The COVID-19 pandemic may have altered the program, but it didn't stop it. The pair moved the 2020 program to virtual classes and activities. CHI Saint Joseph Health provided supplies to build activity packs for students. Everything they needed to follow along with interactive science experiments, cross-stitching lessons, and critical curriculum in math, science and literature was included. The violence prevention program is funded through a grant from the CHI Mission and Ministry Fund through the Saint Joseph Hospital Foundation.



“This was an opportunity for our kids to have exposure to things they wouldn’t normally have access to due to financial barriers, transportation barriers, social barriers or a lack of awareness.”

— Demetria Blair, director
Consolidated Summer Enrichment Program



“For me, doing the cross-stitching class was amazing. These kids loved it. It was so incredible to watch through a screen as they would show me their work and send me pictures to see if they were doing it right.”

— Hannah Woggon
Violence Prevention Coordinator
CHI Saint Joseph Health – Lexington



Education for the Next Generation in Health Care

Flaget Memorial Hospital gives Nelson County Schools students and teachers the opportunity learn more about health care careers through partnerships to educate the next generation of health care leaders. Through the Teacher Externship Program, teachers are invited to tour the hospital to learn more about the different career paths in health care as they educate students about the opportunities they have. Spinning off the success of that program – before the COVID-19 pandemic began – students accepted into the school district’s Backpack Program also received an in-depth tour of Flaget and began designing a few projects in collaboration with their student body and Flaget leaders.



“Showing what opportunities exist in Nelson County was important. Most of our students didn’t know about the cancer center at Flaget Memorial Hospital. They had no idea that was even a possibility in Bardstown. Our students were really impacted by that.”

— *Kelsey Berryman*
Director of Innovation
Nelson County Schools



“As a community hospital, it’s our responsibility to participate in these types of programs. The staff got excited and really liked to show off their pride for their careers and the hospital. It was a win-win.”

— *Jennifer Nolan, President*
Flaget Memorial Hospital
and Saint Joseph Mount Sterling



Feeding the Needs of Children

During the summer of 2020, Saint Joseph Bereа community health advocates Christy Begley and Emilee Hood teamed up with Bereа Kids Eat and Bereа Independent Schools to pack more than 200,000 meals to feed children from the community. With 30 percent of area children living below poverty level and as many as one in five children experiencing hunger, the Bereа Summer Food Service Program provides nutritious breakfast, lunch, snacks and drinks to students as part of the ongoing solution to battle food insecurity and childhood hunger. The partnership connects Saint Joseph Bereа's community health advocates with families in the area who are in need of assistance. Community health advocates are funded through a grant from the CHI Mission and Ministry Fund through the Saint Joseph Bereа Foundation.



"Hunger doesn't take a break or a vacation. Being able to help these children eat nutritious meals in the summer and also being able to have contact with the kids in order to continue our relationships means we are helping them grow and develop."

— *Diane Smith, director*

Family Resource Youth Services Center
Berea Independent School District



"My personal belief is eating habits start young. If you are a young child eating terribly, it's really hard to break that habit when you get older. The summer food program provides nutritious meals to help build better habits."

— *Emilee Hood*

Community Health Advocate
Saint Joseph Bereа



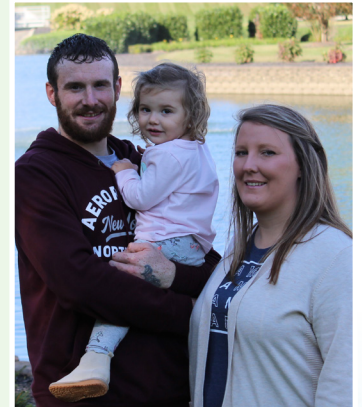
Nurturing Parents to Better Care for Children

Since its inception in 2016, the Nurturing Children Program at Saint Joseph London has worked to empower parents with skills to reduce the incidence of abuse or neglect. It uses the evidence-based Nurturing Parenting program to educate parents and community members and establish intolerance of abuse and neglect as the norm through modified behaviors of actions. In-person classes held at Saint Joseph London moved to Zoom when the COVID-19 pandemic started and has continued to produce successful participants. Among the success stories: Dakota Mullins and Brittany Baker Mullins, who just received full custody of their 2-year-old daughter Reighlee after graduating from the program. The program is funded through a grant from the CHI Mission and Ministry Fund through the Saint Joseph London Foundation.



“I loved their classes. I got so much detailed information about stuff I thought I already knew.”

— **Brittany Baker Mullins**
Program Graduate



“What I like to tell our parents [who say] ‘I’m a parent. I don’t need parenting education.’ is our education course takes you back to the basics of parenting and allows you to forget all of the negative parenting you’ve learned and pass down the good things you’ve learned to your children.”

— **Mollie Harris**
Violence Prevention Coordinator
Nurturing Children Program
Saint Joseph London



Working Together for a Healthier Community

In early 2020, Saint Joseph Mount Sterling joined with the Montgomery County Health Department and Sterling Health Care to develop radio spots aimed at educating the community about important health topics. Their theme: Working Together for a Healthier Community. CHI Saint Joseph Health’s Community Health Needs Assessment indicated a need to provide more health information in the community. WMST in Mount Sterling offered the 60 second spots that are aired multiple times each day. The topics are relevant to the types of health issues Montgomery Countians are facing in their everyday lives to raise awareness of significant issues in health care in the area.

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“We try to be relevant with information. We try to tie it into what is going on in people’s everyday lives ... what might be significant to them to be thinking about for their health care needs.”

— Sister Janet Carr, chaplain
Saint Joseph Mount Sterling
Member of the PSA team



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“There’s a heightened awareness of health issues because of the coronavirus. People are more concerned about health issues today than they were before. Ears are more attuned to messages.”

— Hays McMakin, owner
Gateway Radio Works, Inc.
General manager, WMST-FM/AM



Following Our Mission, Guided by Our Vision and Living Our Values



By John Brothers
Vice President
Mission Integration

CommonSpirit Health, the parent company of CHI Saint Joseph Health, recently established new mission, vision and values for the organization. The mission defines who we are and why we exist; the vision sets the course for our future; and the values direct our behaviors as we carry out the work we have been called to do.

Our mission is, “As CommonSpirit Health, we make the healing presence of God known in our world by improving the health of the people we serve, especially those who are vulnerable, while we advance social justice for all.”

As a Catholic health care system, we see our work as a ministry of the Church and one in which we reveal God to others through healing – not through words, but through our actions. The tradition of Catholic health care has always been one of service to the vulnerable, and we believe we have a responsibility to advocate for justice so that all individuals have access to care.

If our mission calls for us to improve the health of people, our vision challenges us to do so for all people. Our vision is, “A healthier future for all – inspired by faith, driven by innovation, and powered by our humanity.”

We receive our inspiration from the work of the faithful that have gone before us. Christ was the great healer and we work to heal as Christ did – in a holistic manner. We strive to find new and creative ways to meet the health care needs of our communities, but never lose sight of human kindness in the delivery of care.

As we bring life to our mission and vision, our behaviors and actions are congruent with our established core values: compassion, inclusion, integrity, excellence and collaboration. The behavioral characteristics associated with each value are:

Compassion

- Care with listening, empathy and love.
- Accompany and comfort those in need of healing.

Inclusion

- Celebrate each person’s gifts and voice.
- Respect the dignity of all.

Integrity

- Inspire trust through honesty.
- Demonstrate courage in the face of inequity.

Excellence

- Serve with fullest passion, creativity and stewardship.
- Exceed expectations of others and ourselves.

Collaboration

- Commit to the power of working together.
- Build and nurture meaningful relationships.

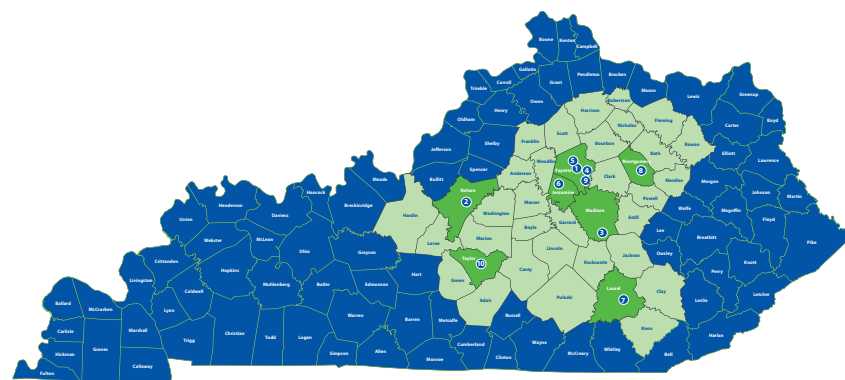
Our employees live and work in our communities. These values are not just practiced while they are at work; our employees exhibit these values in all they do, whether that be caring for our patients or assisting their neighbors at home.

The COVID-19 pandemic has challenged us all to be creative in our work and our personal lives. Our employees have gone above and beyond to ensure the safety of each other, our patients and their families, but also our communities. We have become creative and innovative in how we provide care while ensuring our values are not lost in the process. The pandemic has given us an opportunity to think differently about how our values are demonstrated when people are separated from their loved ones.

Many external factors created barriers that were overcome in providing excellent care in a compassionate manner. Through it all, and continuing on today, our humanity shined and our kindness toward each other prevailed!



Continuing Care Hospital
Flaget Memorial Hospital
Saint Joseph Berea
Saint Joseph East
Saint Joseph Hospital
Saint Joseph Jessamine
Saint Joseph London
Saint Joseph Mount Sterling
Women's Hospital at Saint Joseph East



1 Saint Joseph Drive
Lexington, KY 40504

CHISaintJosephHealth.org

Financial Value 2020

Benefits Provided to the Financially Vulnerable	FY 2020
Cost of charity care	9,481,356
Unpaid cost of Medicaid	27,473,540
Unpaid cost of indigent programs	1,150
Non-billed services for the financially vulnerable	1,536,064
Cash and in-kind donations for the financially vulnerable	113,617
Total cost of community benefit provided to the financially vulnerable	38,605,727

Benefits Provided to the Broader Community	FY 2020
Non-billed services for the community	946,513
Education/research provided to the community	1,847,828
Other benefits provided to the community	651,694
Total cost of community benefit provided to the broader community	3,446,035

Total Cost of Community Benefit \$42,051,762

CHI Saint Joseph Health follows the guidelines set forth in the Catholic Health Association's A Guide for Planning and Reporting Community Health Benefit as the basis for developing its financial statement for community benefit.